ACTIVE LIVING BALLYMUN
For Older Adults

INVITES

All over 35's Ladies and Men to participate in **Tennis/Football**
(non contact sport)

In

Poppintree Sports Centre

On Wednesday mornings @10am Sharp!

Come and enjoy a sport for all and a have a ball.
It's free for all just bring your sports gear!!

The number 13 bus will bring you to the centre

For more information contact Poppintree Sports Centre on 222 3985 or Rosie King BRL 222 5617