



BALLYMUN

REGENERATION NEWS

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HEALTH & SAFETY

If you see anything that you are concerned about on the building sites, outside of working hours, please contact Ballymun Gardaí at 01 666 4400



Dublin City
Baile Átha Cliath



Ryan Brady from Holy Spirit Boys National School with President Mary McAleese at the opening of "The Reco", a state-of-the-art youth facility in Ballymun

PRESIDENT WELCOMES LATEST NEW FACILITY FOR BALLYMUN

On Thursday the 14th January 2010 President Mary McAleese officially opened "The Reco", a state-of-the-art youth facility in the heart of Ballymun that sees over 650 young people through its doors every week for youth work, recreation and informal education. In praising the initiative, the President drew special attention to the work of Ballymun Regional Youth Resource (BRYR), the regional youth work service, in creating such a welcoming and focused place for young people. Ballymun Regeneration Limited and BRYR worked closely together for the design and construction of the Reco, which was funded principally from the Young Peoples' Facilities and Services Fund - a key part of the National Drugs Strategy - and from Dublin City Council, YoungBallymun, the EU and the National Lottery Sports Capital Grant.

"This is another jewel in the crown of Ballymun's successful regeneration programme. The Reco is a lot more than bricks and mortar, it is a positive

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and welcoming place where young people can come to meet each other, use computer facilities and take classes or rehearsals in the knowledge that they are secure," said Ronan King, chairperson of BRL who were responsible for design and construction of the facility. "Careful design, involving over 100 young people and 40 concerned adults, has brought about the creation of a beautiful, colourful warm and safe space for the 10-21 year-olds of the area".

The Reco is a 1,700m² custom-built youth facility at the heart of Ballymun that is managed by BRYR. It was built for maximum accessibility for all 10-21 year olds in the

area, with particular emphasis on including young people otherwise excluded from the resources of mainstream society. It is designed as a bright, positive, and welcoming space and it contains over 13 distinct usable facilities, including a music rehearsal space, youth club rooms, two IT suites, a roof garden, arts rooms, three meeting/consultation rooms, a multi-purpose hall and a health-promoting restaurant.

The Reco is one of the many new neighbourhood facilities provided in Ballymun as part of the regeneration programme.

Breaking Ground

Artist Mick O'Kelly is undertaking an ambitious project to make models of the seven towers in Ballymun and turn them into fully functional beehives. The beehive towers will be made over the Spring 2010 and will be located in a central Ballymun location in the summer. Local people interested in becoming involved in this exciting project can do so in a number of ways:

Making the beehives

Mick will enlist the help of enthusiastic local people to research and fabricate the beehives. The level of time people can commit to the project will vary from person to person, so do contact the artist to discuss how you can get involved.

Becoming beekeepers and caring for the hives

A long-term ambition is to develop a team of local beekeepers who will care for and tend the bees and hives. Mick will seek assistance from beekeepers based in Ireland to train and introduce people to the world of bees, and slowly build up a wealth of knowledge and skill locally. It is hoped that this project will be taken on and led by Ballymun residents and tap into the tradition of dedicated local volunteers.

Mick O'Kelly is interested in the metaphor the bee colony presents and the project explores the relationships of societal structures. Questions of value, labour and capitalism are inherently at play, and ideas of

utopian urbanism are present in the clever use of the towers as hives.

If you are interested in becoming involved in the project please email Mick O'Kelly directly on okelly.mick@gmail.com or contact Breaking Ground on 01 883 2112.

Mick O'Kelly was commissioned to undertake an artwork for Ballymun through Breaking Ground, the Ballymun Regeneration Limited Per Cent for Art programme. www.breakingground.ie



Beehive Towers

Eco houses for sale

Two and three bedroom homes for sale starting at €173,781.

The Emerald Project, comprising of 37 houses and apartments, will be one of the most energy efficient and environmentally

friendly housing developments ever built in Ireland.

Emerald is a housing co-operative with a Green vision amongst its members and partners (Cluid).

Membership interviews will take place on the first week March 2010. See www.wadriver.org for more information.

Chi Running Workshop by Catherina McKiernan

What is Chi Running?

Chi Running combines the inner focus and flow of Tai Chi with the power and energy of running to create a revolutionary new approach to effortless injury free running. It takes all the pounding, pain and potential damage out of the sport of running. Running does not injure you, but the way you run can. If you move your body in an incorrect way it is going to show up in the form of injury sooner or later. Chi Running is based on postural alignment combined with muscular relaxation.

Who can benefit from Chi Running?

The Chi Running program virtually changes the landscape of the sport of running and makes it accessible and appealing to people who have stopped running due to injury, who are intimidated by the difficulty and potential danger of running, who want to have a competitive edge, and for those who seek a spiritual component in their fitness program.

Dublin City Council in partnership with Ballymun Regeneration Limited is hosting a Chi Running

workshop in February. If you are interested in attending, please see details below.

Event Date: 20th February 2010

Day: Saturday

Venue: BRL Umbro Arena (Ballymun Trinity Comprehensive School)

Time: 10am – 2pm

Trainer: Catherina McKiernan, Irish Marathon Record Holder and Europe's leading Chi Running instructor

Cost: €25

Light Refreshments will be provided.

If you would like book your place on this course please contact Antonia Martin 01 222 5407 antonia.martin@dublincity.ie or Rosie King on 01 222 5617 rosie.king@dublincity.ie

For further information on Chi Running, please visit Catherina's website www.catherinamckiernan.com

GAP 'Learning for life' Schools Resource Pack

On Monday 7th December, the Virgin Mary Girls' National School in Ballymun helped Global Action Plan to launch their new 'Learning for life' Schools Resource Pack. The pack is an eight-week environmental course for primary schools, which teaches students how to become environmental stewards of the future.

'Learning for life' is an easy-to-use comprehensive learning guide, which addresses current environmental problems. Each week covers a different environmental

topic and provides activities, lesson plans and resources. The pack is strongly linked to the National Social Environmental and Scientific Education Curriculum and has lessons aimed at 3rd / 4th class and also 5th / 6th class.

The 'Learning for life' Schools Resource Pack was funded by Ballymun Regeneration Limited and is available free of charge to all schools in Ballymun.

**For more information contact:
Aoife Flynn @ 01 862 5846.**

Alterations or changes made to your home

Residents should be aware that any alterations or changes made to the outside of their homes may require planning permission under the Planning and Development Act 2000 and/or permission from Dublin City Council as landlord. Such changes can include, the construction of front porches, front walls, construction of driveways or entrance gates and any changes to materials used in the front of the building.

Tenants are advised not to paint the brickwork, plaster the brickwork or change the colour of the fronts of houses without the permission of the City Council.

For further information on requirements for planning permission contact the Planning Department at Dublin City Council @ 01 222 2222 or Ballymun Regeneration Limited @ 01 222 5660.

Ballymun Framed - Photo Calendar Competition 2010 Awards

On 2nd December, Global Action Plan (GAP) awarded prizes to 12 outstanding photo entries for their Photo Calendar Competition 2010. The competition attracted over 80 entries from people aged 21 and under in Ballymun. The top three photos won digital cameras and the top 12 were published in an environmental photo calendar for 2010.

The theme of the competition was "Your Local Environment". Photos were selected for the calendar based on their environmental message and photographic accomplishment. The winners included groups and individuals of all ages from Ballymun:

Ryan Muldoon, Youth Reach - aged 16

Virgin Mary Girls' NS, 6th class

Holy Spirit Boys' NS, 6th class

Leanne and Kian Kavanagh - aged 11 and 9

Jessica Flynn - aged 12

Eva Drum - aged 12

Luke O'Connor - aged 4

The project encouraged young people in Ballymun to think about environmental issues in their local area and to portray these thoughts in a creative and exciting way through the medium of photography.

The entries were short listed by the Student Council in Trinity Comprehensive, Ballymun. The Student Council

received photographic advice from Jack Talbot, media and photography teacher and an environmental brief from GAP staff. GAP management made the final selection.

The calendar is a snapshot of impressions taken by young people in Ballymun during October and November 2009. It also serves as a reminder of environmental dates throughout the year, which are highlighted throughout the calendar.

The Global Action Plan 2010 Photo Calendar Competition was funded by Ballymun Regeneration Limited.



One of the images from Global Action Plan's Photo Calendar - November: "Don't Trample on Nature" by Holy Spirit Boys' NS - 6th Class



NEW CHILDCARE CENTRE FOR BALLYMUN

'Poppintree Early Education Centre' is due to open on 1st February 2010. This new Childcare centre is located in the new Poppintree Community Centre and will provide full and part-time childcare for children from 6 months to school age. An information evening took place on Wednesday 20th January. The evening provided the opportunity for local residents to view this excellent purpose built facility and inform them of the childcare services that will be provided.

There are still part-time and full-time childcare places available. If you wish to receive an enrolment form to apply for a place for your child/children or require any further information, please contact Sharon Byrne, Crèche Manager @ 086 669 6427.



Supported by the Dublin North West Childcare Resource Centre

Ballymun Regeneration Ltd (BRL) Civic Centre, Main Street, Ballymun, Dublin 9
Tel: 01 222 5660 Fax: 01 842 1443 Web: www.brl.ie Email: brl.comms@dublincity.ie